



Course Specification

(Bachelor)

Course Title: **Family Planning**

Course Code: **MID26349**

Program: **Bachelor of Midwifery Sciences**

Department: **Nursing**

College: **College of Applied Medical Science**

Institution: **University of Bisha**

Version: **1**

Last Revision Date: **30 July 2023**





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A. General information about the course:

1. Course Identification

1. Credit hours: 2(2+0)				
2. Course type				
A.	☐ University	☐ College	☒ Department	☐ Track
B.	☒ Required		☐ Elective	
3. Level/year at which this course is offered: (6th level / 3rd year)				
4. Course general Description:				
This course is designed to prepare midwives with specialized knowledge, skills and attitude in providing advance quality care to women at all the three levels of care.				
5. Pre-requirements for this course (if any):				
NA				
6. Pre-requirements for this course (if any):				
NA				
7. Course Main Objective(s):				
This course is designed to prepare midwives to acquire newly knowledge and skills for providing advance quality care to women.				

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	28	93.3%
2	Blended		
3	E-learning	2	6.7%
4	Interactive learning (TBL)		
5	Seminars		

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lecture	28
2.	Laboratory/Studio	-
3.	Tutorial	-
4.	E-learning	2
5.	Interactive learning (TBL)	



6.	Seminars	
7.	Self-learning	45
Total		75

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Define concepts and Benefits of Family Planning	K1	- Interactive Lectures	Written exam
1.2	Describe the role of the midwives in FamilyPlanning	K3	- Interactive Lectures Discussion	Written exam
1.3	Identify the concepts and principles of leadership, management, health education, communication, research with in family Planning	K4	Interactive lectures	Written exam
2.0	Skills			
2.1	Interpret healthinformation and data related to woman and neonates ' health problems with in family Planning	S1	- lab demonstration - Discussion Case study Bain storming	OSPE
2.2	Perform efficient and holistic care of woman' health within family Planning	S2		
2.3	Implement obstetric medicines and instruments in terms of its use, contraindications, and precautions with clear effective instruction and communications	S4		
3.0	Values, autonomy, and responsibility			
3.1	Use information technology in Midwiferymanagement	V1	- Group discussion	Assignment
3.2	Work effectively with ateam	V3	Group project	Assignment & seminars

C. Course Content

No	List of Topics	Contact Hours
1.	Introduction to family Planning .	2
2.	Historical over view and Cultural considerations	2
3.	Benefits of Family Planning	2
4.	Role of midwife in family planning counseling	2
5.	Natural methods	2
6.	Hormonal methods	2
7.	Intrauterine Device (IUD)	2
8.	barrier methods	2
9.	Sterilization or Vasectomy	2
10.	Issues regarding choice	2
11.	Barriers of family planning	2
12.	family planning programmes and services	2
13.	family planning in saudi arabia	4
14.	Revision	2
Total		30

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Continuous assessment	All through	30%
2.	Mid exam: Practical and theory	8th	20%
3.	Final exam: Practical and theory	14 th -16 th	50%
4.	Total		100%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	Curtis, Kathryn M., et al. "US medical eligibility criteria for contraceptive use, 2016." <i>Morbidity and Mortality Weekly Report: Recommendations and Reports</i> 65.3 (2016): 1-103.
Supportive References	Macdonald, Sue, and Gail Johnson, eds. <i>Mayes' Midwifery E-Book</i> :
Electronic Materials	Blackboard learning management system and DIGITAL Library
Other Learning Materials	Skill lab, PHC Centers, Clinics and hospitals

2. Required facilities and equipment





Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	- Classrooms - simulation rooms - Clinical setting (Hospital)
Technology equipment (projector, smart board, software)	- Data show projector - smart board - Computer based simulator
Other equipment	

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students Course coordinator Program Leaders	Direct /indirect
Effectiveness of Students' assessment	Students Course coordinator Program Leaders Examination revision committee	Direct /indirect
Quality of learning resources	Course coordinator Peer reviewer Examination revision committee	Direct /indirect
The extent to which CLOs have been achieved	Program Leader Course coordinator	Direct /indirect

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	
REFERENCE NO.	
DATE	

